

South Leeds Archers' Junior Progress Award Scheme

The Progress Award Scheme is a progression of awards for junior archers after completion of their Beginners' Course. It can extend over an unspecified time period to suit individual needs and can be awarded to any age of archer from Under 10 to Under 18. The awards will hopefully encourage and motivate our juniors as they progress in the sport.

Information

5 colours of badge will be awarded – white, black, blue, red, gold. Badges will indicate Indoor or Outdoor.

Badges will be awarded for Indoor or Outdoor shooting. (60 cm 10 zone Indoors, and 122 cm 5 zone Outdoors. In addition, archers may shoot on an 80cm face, 10 zone scoring, metric distances).

Certificates and badges will be awarded according to the distance and challenge achieved.

All colours of badges can be gained again at each age level or bow type, in any order.

Find score requirements in the following pages - remember to refer to your age group, eg if you are 13, then the Under 14 scoresheet should be used and so on.

Archers will be required to shoot 3 dozen arrows in a single session to gain a qualifying score.

6 Sighters are allowed as a minimum, but extra sighters can be taken, especially when trying a new distance.

More than one round can be shot in the same session/day.

We only issue one badge per score achieved, so when moving up in age group, you do not need to start again, just continue on your quest.

Finally, once you have achieved the final award look at the What's Next sheet for other challenge awards you can shoot for.



Archery GB Progression Award

Archers Under 10

Shooting 36 arrows in 3 arrow ends indoors or 6 arrow ends of shot outdoors



Longbow

Target Size	Distance	Scoring	White	Black	Blue	Red	Gold
122cm	10 yards	5 Zone	144				
	15 yards	5 Zone		130	160		
	20 yards	5 Zone				106	140
80cm	10 yards	10 Zone	115				
	15 yards	10 Zone		64	82		
	20 yards	10 Zone				55	70
60cm	10 yards	10 Zone	62				
	15 yards	10 Zone		45			
	20 yards	10 Zone			33	42	54

Recurve

Target Size	Distance	Scoring	White	Black	Blue	Red	Gold
122cm	10 yards	5 Zone	162				
	15 yards	5 Zone		150	174		
	20 yards	5 Zone				152	168
80cm	10 yards	10 Zone	144				
	15 yards	10 Zone		99	117		
	20 yards	10 Zone				93	115
60cm	10 yards	10 Zone	82				
	15 yards	10 Zone		68			
	20 yards	10 Zone			56	74	94

Barebow

Target Size	Distance	Scoring	White	Black	Blue	Red	Gold
122cm	10 yards	5 Zone	152				
	15 yards	5 Zone		134	164		
	20 yards	5 Zone				140	158
80cm	10 yards	10 Zone	146				
	15 yards	10 Zone		93	111		
	20 yards	10 Zone				79	98
60cm	10 yards	10 Zone	78				
	15 yards	10 Zone		62			
	20 yards	10 Zone			50	62	77

Compound

Target Size	Distance	Scoring	White	Black	Blue	Red	Gold
122cm	10 yards	5 Zone	172				
	15 yards	5 Zone		164	180		
	20 yards	5 Zone				172	182
80cm	10 yards	10 Zone	158				
	15 yards	10 Zone		118	141		
	20 yards	10 Zone				121	144
60cm	10 yards	10 Zone	94				
	15 yards	10 Zone		82			
	20 yards	10 Zone			72	98	122

Archery GB Progression Award

Archers Under 12

Shooting 36 arrows in 3 arrow ends indoors or 6 arrow ends of shot outdoors



Longbow

Target Size	Distance	Scoring	White	Black	Blue	Red	Gold
122cm	10 yards	5 Zone	220				
	15 yards	5 Zone		160			
	20 yards	5 Zone			116	140	
	30 yards*	5 Zone					74
80cm	10 yards	10 Zone	152				
	15 yards	10 Zone		87	108		
	20 yards	10 Zone				72	92
60cm	10 yards	10 Zone	82				
	15 yards	10 Zone		60			
	20 yards	10 Zone			44	56	72

Recurve

Target Size	Distance	Scoring	White	Black	Blue	Red	Gold
122cm	10 yards	5 Zone	248				
	15 yards	5 Zone		204			
	20 yards	5 Zone			166	196	
	30 yards*	5 Zone					136
80cm	10 yards	10 Zone	190				
	15 yards	10 Zone		131	155		
	20 yards	10 Zone				122	153
60cm	10 yards	10 Zone	108				
	15 yards	10 Zone		88			
	20 yards	10 Zone			72	96	124

Barebow

Target Size	Distance	Scoring	White	Black	Blue	Red	Gold
122cm	10 yards	5 Zone	240				
	15 yards	5 Zone		190			
	20 yards	5 Zone			150	174	
	30 yards*	5 Zone					104
80cm	10 yards	10 Zone	182				
	15 yards	10 Zone		116	139		
	20 yards	10 Zone				99	122
60cm	10 yards	10 Zone	98				
	15 yards	10 Zone		78			
	20 yards	10 Zone			62	78	96

Compound

Target Size	Distance	Scoring	White	Black	Blue	Red	Gold
122cm	10 yards	5 Zone	256				
	15 yards	5 Zone		224			
	20 yards	5 Zone			196	228	
	30 yards*	5 Zone					178
80cm	10 yards	10 Zone	204				
	15 yards	10 Zone		155	186		
	20 yards	10 Zone				161	192
60cm	10 yards	10 Zone	126				
	15 yards	10 Zone		110			
	20 yards	10 Zone			96	130	160

Archery GB Progression Award

Archers Under 14

Shooting 36 arrows in 3 arrow ends indoors or 6 arrow ends of shot outdoors



Longbow

Target Size	Distance	Scoring	White	Black	Blue	Red	Gold
122cm	10 yards	5 Zone	252				
	15 yards	5 Zone		204			
	20 yards	5 Zone			166		
	30 yards*	5 Zone				96	
	40 yards*	5 Zone					52
80cm	10 yards	10 Zone	197				
	15 yards	10 Zone		131			
	20 yards	10 Zone			92	114	
	30 yards	10 Zone					52
60cm	10 yards	10 Zone	110				
	15 yards	10 Zone		88			
	20 yards	10 Zone			72	90	102

Recurve

Target Size	Distance	Scoring	White	Black	Blue	Red	Gold
122cm	10 yards	5 Zone	276				
	15 yards	5 Zone		244			
	20 yards	5 Zone			222		
	30 yards*	5 Zone				170	
	40 yards*	5 Zone					134
80cm	10 yards	10 Zone	235				
	15 yards	10 Zone		186			
	20 yards	10 Zone			153	184	
	30 yards	10 Zone					125
60cm	10 yards	10 Zone	154				
	15 yards	10 Zone		136			
	20 yards	10 Zone			124	154	182

Barebow

Target Size	Distance	Scoring	White	Black	Blue	Red	Gold
122cm	10 yards	5 Zone	268				
	15 yards	5 Zone		230			
	20 yards	5 Zone			196		
	30 yards*	5 Zone				128	
	40 yards*	5 Zone					86
80cm	10 yards	10 Zone	223				
	15 yards	10 Zone		163			
	20 yards	10 Zone			122	145	
	30 yards	10 Zone					81
60cm	10 yards	10 Zone	132				
	15 yards	10 Zone		112			
	20 yards	10 Zone			96	118	138

Compound

Target Size	Distance	Scoring	White	224	Blue	Red	Gold
122cm	10 yards	5 Zone	288				
	15 yards	5 Zone		266			178
	20 yards	5 Zone			248		
	30 yards*	5 Zone				206	
	40 yards*	5 Zone					182
80cm	10 yards	10 Zone	256				
	15 yards	10 Zone		220			
	20 yards	10 Zone			192	219	
	30 yards	10 Zone					172
60cm	10 yards	10 Zone	186				
	15 yards	10 Zone		172			
	20 yards	10 Zone			160	188	220

Outdoor only

Archery GB Progression Award

Archers Under 16

Shooting 36 arrows in 3 arrow ends indoors or 6 arrow ends of shot outdoors



Longbow

Target Size	Distance	Scoring	White	Black	Blue	Red	Gold
122cm	15 yards	5 Zone	224				
	20 yards	5 Zone		188			
	30 yards	5 Zone			112		
	30 yards*	5 Zone				72	
	50 yards	5 Zone					46
80cm	10 yards	10 Zone	235				
	15 yards	10 Zone		178			
	20 yards	10 Zone			130		
	30 yards	10 Zone				68	
	40 yards	10 Zone					37
60cm	15 yards	10 Zone	106				
	20 yards	10 Zone		90	102	124	138

Recurve

Target Size	Distance	Scoring	White	Black	Blue	Red	Gold
122cm	15 yards	5 Zone	262				
	20 yards	5 Zone		244			
	30 yards	5 Zone			200		
	30 yards*	5 Zone				160	
	50 yards	5 Zone					140
80cm	10 yards	10 Zone	274				
	15 yards	10 Zone		238			
	20 yards	10 Zone			212		
	30 yards	10 Zone				149	
	40 yards	10 Zone					115
60cm	15 yards	10 Zone	168				
	20 yards	10 Zone		154	182	202	228

Barebow

Target Size	Distance	Scoring	White	Black	Blue	Red	Gold
122cm	15 yards	5 Zone	244				
	20 yards	5 Zone		216			
	30 yards	5 Zone			154		
	40 yards	5 Zone				110	
	50 yards	5 Zone					76
80cm	10 yards	10 Zone	256				
	15 yards	10 Zone		207			
	20 yards	10 Zone			169		
	30 yards	10 Zone				102	
	40 yards	10 Zone					61
60cm	15 yards	10 Zone	134				
	20 yards	10 Zone		118	138	160	176

Compound

Target Size	Distance	Scoring	White	224	Blue	Red	Gold
122cm	15 yards	5 Zone	280				
	20 yards	5 Zone		266			
	30 yards	5 Zone			236		
	40 yards	5 Zone				212	
	50 yards	5 Zone					202
80cm	10 yards	10 Zone	292				
	15 yards	10 Zone		263			
	20 yards	10 Zone			248		
	30 yards	10 Zone				202	
	40 yards	10 Zone					178
60cm	15 yards	10 Zone	198				
	20 yards	10 Zone		188	220	244	266

Outdoor only

Archery GB Progression Award

Archers Under 18

Shooting 36 arrows in 3 arrow ends indoors or 6 arrow ends of shot outdoors



Longbow

Target Size	Distance	Scoring	White	Black	Blue	Red	Gold
122cm	20 yards	5 Zone	202				
	30 yards	5 Zone		136			
	40 yards	5 Zone			86		
	30 yards*	5 Zone				62	
	60 yards	5 Zone					44
80cm	15 yards	10 Zone	193				
	20 yards	10 Zone		153			
	30 yards	10 Zone			81		
	40 yards	10 Zone				50	
	50 yards	10 Zone					31
60cm	20 yards	10 Zone	102	124	138	160	176

Recurve

Target Size	Distance	Scoring	White	Black	Blue	Red	Gold
122cm	20 yards	5 Zone	260				
	30 yards	5 Zone		220			
	40 yards	5 Zone			190		
	30 yards*	5 Zone				172	
	60 yards	5 Zone					154
80cm	15 yards	10 Zone	259				
	20 yards	10 Zone		231			
	30 yards	10 Zone			180		
	40 yards	10 Zone				147	
	50 yards	10 Zone					120
60cm	20 yards	10 Zone	182	202	228	250	264

Barebow

Target Size	Distance	Scoring	White	Black	Blue	Red	Gold
122cm	20 yards	5 Zone	234				
	30 yards	5 Zone		176			
	30 yards*	5 Zone			126		
	50 yards	5 Zone				98	
	60 yards	5 Zone					82
80cm	15 yards	10 Zone	226				
	20 yards	10 Zone		192			
	30 yards	10 Zone			117		
	40 yards	10 Zone				79	
	50 yards	10 Zone					59
60cm	20 yards	10 Zone	138	160	176	196	216

Compound

Target Size	Distance	Scoring	256	Black	Blue	Red	Gold
122cm	20 yards	5 Zone	282				
	30 yards	5 Zone		256			
	30 yards*	5 Zone			240		
	50 yards	5 Zone				228	
	60 yards	5 Zone					220
80cm	15 yards	10 Zone	284				
	20 yards	10 Zone		267			
	30 yards	10 Zone			234		
	40 yards	10 Zone				208	
	50 yards	10 Zone					191
60cm	20 yards	10 Zone	220	244	266	280	294

Outdoor only

What is Next??

So you have completed Gold in the Progress Award, what can you do now?



Indoor Challenge Badges

Outdoors we have our distance challenges and the SLA 200 award badges to aim for and indoors we have the SLA Indoor PBs (Personal Best – or Portsmouth Badge) which is our club run scheme with coloured badges for each achievement.

"The Portsmouth Round"

These are shot on the Portsmouth (60cm) face and the round consists 5 dozen arrows at 20 yards

WHITE - Juniors Only 120 Points (Avg arrow : 2)	BLACK- 240 Average 4 per arrow
BLUE- 360 Average 6 per arrow	RED - 420 Average 7 per arrow
ORANGE- 500 A milestone for most archers	GOLD- 540 Average 9 per arrow
PURPLE - 560 (570 for Compound) An amazing achievement	GREEN - 580 (590 for Compound) Our toughest award ever



"The Worcester Round"

These are shot on the Worcester face which has 5 scoring rings from 5 down to 1.

This is a 60 arrow round shot in 5 arrow ends

Badges Available:	100	150	200	250	285	295	300
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Score Sheets How to Complete - Example (indoor 3 Arrow Scoring and a 60 arrow round)

1	2	3	4	5	6	ET	1	2	3	4	5	6	ET	H	G	X	T	RT
X	9	8	9	8	7	51	10	9	8	9	9	7	52	12	2	1	103	103
10	9	8	X	10	9	56	9	9	8	7	7	M	40	11	3	1	96	199
10	9	8	9	8	7	51	10	9	9	X	X	8	56	12	4	2	107	306
9	9	8	10	9	6	51	X	X	X	10	10	9	59	12	6	3	110	416
9	8	7	9	5	M	38	9	9	6	8	7	M	39	10	0	0	77	493

Average Per Arrow 8.2

ET	End Total (half dozen)
H	Hits - how many hits
G	Golds - how many scored maximum
X	Xs- how many were Xs
T	Total for the dozen
RT	Running Total for the round

Line 1 - One total of arrow scoring maximum points = 2 (of which 1 was an X)

Line 2 - One arrow did not score - Hits for that dozen is only 11

Line 5 - Running total helps keep up to date so the final score is highlighted

Note: A score of 493 on a Portsmouth Round would earn the archer a red PB Badge