

The SLA Outdoor Pentathlon Competition 2023

When the outdoor season starts here is a run down of how the outdoor Pentathlon works, what you need to do and what to expect.

In simple terms the Pentathlon is a handicap-based competition so that all archers in the Club can compete together. You get a handicap by shooting at least three rounds outdoors during April. Note that for the start of the 2023 season all archers will need to renew their handicaps as [Archery GB has published updated tables which can be found online or hard copies at the club](#). Archers are split into three divisions. Novices are in the Bronze Division and more experienced archers split into Silver and Gold Divisions based on their starting handicap. All scores are taken from your input into Golden Records, so keep adding scores as they happen. New archers can join the scheme at any time during the outdoor season but to be in with a chance of the overall title you need to compete in all 5 months.

Archery Handicaps

In April the range is normally set up in metres, start by getting your sight marks and your first [SLA Distance Award](#) by shooting 3 dozen arrows at 20 metres (that's badge number 1) You can then shoot a full round – the Long Metric 5, which consist of 3 dozen arrows at 30 metres followed by 3 dozen at 20 metres. Note that when shooting outdoor rounds with multiple distances you only get an end of practice at the longer distance, so save your sight marks from your previous session. Whilst completing this you may also qualify for your next SLA Distance Award, so you can either repeat the Long Metric 5 round or move up to the Long Metric 4 and so on. After a minimum of 3 complete rounds, we can then calculate your handicap which will continue to improve as you get better during April. At the end of April your final handicap will be used for the May competition.

Monthly Competition May to September

Starting in May, the round of the month is the Long Metric Series of rounds. To take part in the Pentathlon shoot at least one round (you can do it as many times as you want, but try some other rounds too for a bit of variety) and enter your scores on Golden Records. Archers are awarded points based on whether they achieve or exceed their predicted handicap score. At the end of the month their updated handicap is used for the June competition and so on. Medals are awarded in each league and there is a running score used for the series trophy.

Rounds of the Month

Each month shoot at least one of the following monthly rounds, you are not restricted to shooting just these rounds during the month, variety keeps the sport interesting so mix it up a bit. See the separate attachment called [Pentathlon Rounds 2023](#).

May – Long Metrics

June – Westerns

July – Windsors

August – Nationals

September – Short Metrics

Awards

Monthly medals, Gold, Silver, and Bronze for each division once all results are compiled.

Division Winners medal, one for each division for the top archer after 5 months.

Pentathlon Shield – for the one archer across all divisions who has the highest score.

Handicap Shield – for the one archer who has achieved the most improved handicap across the season.

Questions?

The scheme is managed by Ian, our Club Secretary but any of the committee and our experienced members can help explain it further.